

April 2020

NEWSLETTER

Member Highlight



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"Seek advice early! Do not wait until you are already sinking. Find both student and faculty mentors who encourage you to be the best dental student you can be!"

- Charles Buchanan, *UNLV Student Delegate*

What made you choose UNLV SDM over all the others?

I was happy with the clinical education UNLV could offer.

What is your favorite guilty-pleasure movie or TV series?

I watch a lot of film and television. A television show that I find myself coming back to is Grey's Anatomy. There are so many seasons and I have a better understanding of some of the medical diagnoses presented in the show. It's been fun to watch from a new perspective. My guilty pleasure film is Toy Story. Anytime it's on cable I stop what I'm doing and watch.

How do you relax after a long day at school?

I read for fun! I read a lot of books on

What is the best piece of advice you've ever received? How do you apply it to your life?

A former employer encouraged me to celebrate my own successes more often. I find myself now taking time throughout the day to live in the moment and enjoy what's happening in the present instead of making plans for what's next to come.

What advice can you offer on how to succeed in dental school?

Seek advice early! Do not wait until you are already sinking. Find both student and faculty mentors who encourage you to be the best dental student you can be!

What do you do to find balance and stay healthy through dental school?

social issues that I'm interested in. It's a great way to step away from the dentistry world but keep myself engaged and educated on the world around me. The last book that I read is titled "So You Want To Talk About Race". I highly recommend it to anyone!

How has your life changed in the past year?

I find myself having so much more time on my hands. I've used that time to improve my health by going to the gym more often and setting time aside to meditate. I've also recently elected to serve as a national trustee for ASDA, so I'll be spending a lot of time working with students across the country.

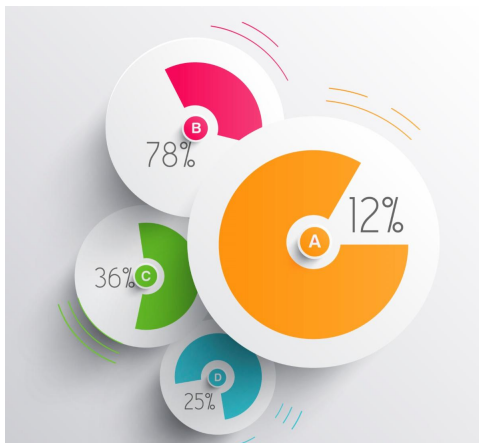
I keep in constant contact with friends who are not in dental school. It helps to have conversations with people who don't want to talk about teeth all day!

Why are you NDA proud?

I'm NDA proud because I get to advocate for the rights and interests of dental students in my state. I'm glad that the NDA allows students the chance to be introduced to organized dentistry and make a meaningful impact.

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Latest Articles



Emergency Department Visits for Dental Conditions

Check out HPI's updated infographic on emergency department visits for dental conditions based on the latest data from the AHRQ's Nationwide Emergency Department Sample.

[More](#)

ADA Covid-19 Resources Links

[New COVID-19 Employment Law FAQ's](#)

[Be Alert for Cybercrime](#)

[Coding and Billing Updated](#)

[ADA to share Paycheck Protection Program when available](#)

[State Mandates on COVID-19](#)

[Financial Assistance with Third Party Payers](#)

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Member Benefits

Component Health Plans are now available.

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Best Card is endorsed by 20 dental associations or their affiliates and offers thousands of dentists great personalized customer service as well as extremely competitive rates. The average dental practice is saving \$1,860 per year with Best Card, a 27% savings!

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Health Plan)

Prominence has a 30 day grace period on payments so if this month or the next month's bill is not paid on time, you will still have coverage. [More](#)

TDIC - The Dentists Insurance Company

TDIC is working to better serve our policyholders during this difficult and uncertain time, In recognition that practice income for dentists has been severely impacted, we are extending the grace period for payment of insurance premiums to June 30. Credit card and insufficient fund fees are temporarily waived.

[More](#)

Upcoming Events

Due to ongoing COVID-19 precautions, certain event details may change.

Northern Nevada Dental Society
NNDS Executive Committee Meeting

Tue, April 7th | 5:30pm - 7:00pm

[RSVP](#)

Northern Nevada Dental Society
Osha & Infection Control CE 2020

Fri, May 14, 2020 | 7:30am - 2:00pm

[RSVP](#)

Southern Nevada Dental Society
Dinner Meeting: GPR Presentations & Elections

April 24th | 5:30pm-8:00pm

The Legacy Golf Club
130 Par Excellence Dr.
Henderson, NV 89074

[RSVP](#)

Southern Nevada Dental Society
Business of Dentistry

Wed, April 29th | 6pm-8pm

[RSVP](#)

NDA's 102nd Annual Summer Meeting

June 18th - 20th
Grand Sierra Resort
2500 # 2nd St.
Reno, NV 89595
Register



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